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SOS – Spirit of SEVA - Acupressure Health Screen

Name _____
Address _____ Referred by _____
Phone (day) _____ (eve) _____ Date of Birth _____
Email _____

Please take a few minutes to complete the following questionnaire. **All information will be treated confidentially.**

Are there any recent surgeries, illnesses, or injuries, medications, I should know about? if so please explain:

‘SEVA Stress release’ is a protocol created from the Process Acupressure faculty as a response to the 911 tragedy. It was an easy to learn protocol created to ease stress and shock, in the zone, for relief workers and other’s suffering the effects. It is not intended to replace medical help, only serve as a way to help balance the body’s energy in stressful times. It is intended to treat specific conditions, however you may notice some relief. It continues today as an excellent form of stress release which can be learned and used as a self-help tool.

Process Acupressure helps to promote better health and renewed energy by actively involving you in your own healing and growth process. It teaches you how to respect and follow your body and your “process”. You will learn to more readily recognize the subtle things you do to foster, or suppress, the natural growth process. You can learn new ways to help yourself and how to change those patterns that are not working.

Process Acupressure can address many common physical symptoms, including back problems, headaches, respiratory, digestive and systemic problems, as well as colds, flu, allergies, and healing from injuries. PA can be especially helpful with stress-related conditions, including post-traumatic-stress. It is not appropriate for severe medical problems or psychosis, and does not replace medical care. I have read and understand the enclosed addendum on MD Bill regarding wellness practitioners.

Signature _____ Date _____